**Information for Exchange Students coming to** **London 2016/17**

**LOCATION**

The Burroughs, Hendon, London, NW4 4BT

[Virtual tour](http://www.mdx.ac.uk/facilities/outstanding/virtual-tour/index.aspx) of the campus

Getting to the [Hendon Campus](http://unihub.mdx.ac.uk/campus/location/he/directions/index.aspx):

[Map](http://unihub.mdx.ac.uk/Assets/Hendon_Campus_Pocketmap_2013.pdf)

**UNIVERSITY WEBSITE**

There is lots of information available about Middlesex University and life in London on our websites, so please spend time exploring these:

• [Main Website](http://www.mdx.ac.uk/life-at-middlesex/social-life/life-in-london)

• [Student Website](http://www.mdxsu.com/)

**PROGRAMMES**

The list of the programmes that we offer in London can be found on our website;

[http://www.mdx.ac.uk/courses/undergraduate/index.aspx.](http://www.mdx.ac.uk/courses/undergraduate/index.aspx)

As an Exchange student you will choose to join one of these programmes, so please take time to look at the modules that each programme has to offer.

**UNIVERSITY ACCOMMODATION**

Middlesex University has four halls of residence although not all are located on campus. Please check our [website](http://www.mdx.ac.uk/facilities/accom/halls/index.aspx) for the full details, including photos and a virtual tour. The prices for 2014/15 were as below. The 2016/17 rates will be published on our website at the end of February 2016.

* Usher Hall- £144.48 per week
* Platt Hall- £131.81 per week
* Writtle House -£125.51 per week
* Ivy Hall- £125.51 per week
* Unite Olympic Way- £174.50 to £250 per week

Contact details for the halls of residence team are as follows:

Email [accomm@mdx.ac.uk](mailto:accomm@mdx.ac.uk) or Telephone +44 (0)20 8411 6121

**ACCOMMODATION OFF CAMPUS**

**Private Rented Accommodation**: Average weekly rents vary between £125 and £175, including bills.

Contact details for the private accommodation team are as follows: Email [pra@mdx.ac.uk](mailto:pra@mdx.ac.uk) or

Telephone +44 (0)20 8411 5068.

Website : <http://www.mdx.ac.uk/facilities/accom/private/index.aspx>

**Private Halls of Residence:** London offers a range of private halls of residence for students, where you can mix with students from other universities. For full details and contact information, please see our website: [http://www.mdx.ac.uk/facilities/accom/private- residence/index.aspx](http://www.mdx.ac.uk/facilities/accom/private-residence/index.aspx).

**TRANSPORT**

The main transport in London is tube and bus. Most people here have an Oyster travel card to get around London. Depending on your duration of stay and how much you travel, it would be advisable to either consider Pay As You Go or an 18+ Student travel card. For the latter, you have to apply online and Middlesex University has to confirm your student status.

Useful links:

[General](https://account.tfl.gov.uk/oyster?App=8ead5cf4-4624-4389-b90c-b1fd1937bf1f&returnURL=https://oyster.tfl.gov.uk/oyster/security_check)

[Visitor Oyster Card](http://www.tfl.gov.uk/travel-information/visiting-london/visitor-oyster-card)

[Student Fares](https://tfl.gov.uk/corporate/privacy-and-cookies/18-student-oyster-photocard)

[London Tube Map](https://www.tfl.gov.uk/cdn/static/cms/documents/standard-tube-map.pdf)

**APPROXIMATE COST OF LIVING** **(per month)**

The list below will give you a guideline to how much to budget for the month. These amounts are subject to change according to your circumstances. Please note that London is one of the most expensive cities in the world.

|  |  |
| --- | --- |
| Halls fee/private rent | £560/600 |
| Food/Housekeeping | £140 |
| Travel/Transport | up to £100 |
| Leisure/sport/socialising | £160 |
| Clothes/shoes | £50 |
| Books/Stationary | £40 |
| Mobile Phone | £20 |
| **Total** | **£1070/1110** |

**Additional one-off costs**: flights, soft furnishings for room, holidays, other luxuries.

**HEALTH INSURANCE POLICY**

Britain has a subsidised health service called the NHS (National Health Service) which

provides free health care and treatment for people who are resident in Britain. This includes all students enrolled on a programme lasting for more than six months. Routine optical and dental treatment is not normally covered by the NHS.

**ACADEMIC CALENDAR AND INDUCTION**

The full academic calendar can be viewed via [http://unihub.mdx.ac.uk/mdx/calendar/index.aspx.](http://unihub.mdx.ac.uk/mdx/calendar/index.aspx)

The ‘Welcome to Middlesex’ Orientation programme for new exchange students will take place in the end of September. This has been designed for our new international students, to become familiar with all aspects of living and studying in London. This includes information on Opening a Bank Account, Registering with a doctor and Police, health, security and safety information and social activities. You will receive more detailed information on our induction programme in the pre-arrival email.

The induction schedule for your programme will be available on myUniHub or can be located by searching via <http://unihub.mdx.ac.uk/search?query=induction>.

**TIMETABLE**

In London, the teaching week runs from Monday to Friday and daily timetables range from 9am-7pm for Undergraduate students.

You will find out your personal timetable on the University System, myUniHub, after you enroll on your programme. Timetables are usually available from the Mid-September.

**UNIHELP**

Once you arrive in London, UniHelp is your first port of call for general student enquiries. It brings together all face-to-face support in one location on the Hendon campus as well as

providing online assistance: <http://unihub.mdx.ac.uk/unihelp>.

**INTERNATIONAL STUDENT SUPPORT**

International Student Support, including the ’Welcome to Middlesex’ Orientation programme for new overseas students can be found on:

[International Students - UniHub](http://unihub.mdx.ac.uk/support/international/index.aspx) and [International Students - Middlesex University](http://www.mdx.ac.uk/international/students/index.aspx) plus our helpful [Student University Guide](http://content.yudu.com/A2cj3j/SUGAut2013/resources/index.htm?referrerUrl).

*We look forward to welcoming you at Middlesex University!*